



Epic Dolomite Challenge 2013!



Make no mistake, this truly is an epic challenge! We spend ten days in Italy's most spectacular alpine region. Well-known and at times feared by cyclists all over the world, it has legendary climbs which have been used in the Giro d'Italia since its inception in 1909! We will climb 20,000 vertical metres in that time!

But it's not all about the bike. You will be spellbound by the scenery, the picturesque mountain villages and enjoy deliciously hearty local cuisine and highly acclaimed wines. And to cap it all off, we're doing it for the noblest of causes, raising much needed funds for childhood cancer research. A challenge worth putting yourself out there for! This tour is open to a limited few. So book early. Bring it on!



TELETHON ADVENTURER'S TOUR

Tour Summary:

- 10 Day Cycling Tour
- 20,000m of Climbing
- Loads of Activities
- Lots of Fun

Your Individual Fund Raising Goal: \$5,000

Total Adventure Goal: \$100,000 to fight the war on childhood cancer!



TEAM GOALS



It's all about Teamwork! Every sportsman and business person understands the importance of teamwork in achieving goals. Telethon Adventurers is no different. We rely on the intrepid adventurers and their generous sponsors, be they friends and family or corporates to achieve our goals in raising the much needed funds for seriously ill children. So get behind this tour, either as an Adventurer or as a supporter of this worthy and challenging endeavour!

The Goals for the Epic Dolomites Tour

The Telethon Adventurers are a group of people dedicated to finding the cause and ultimately the cure for childhood cancer by *"Making a difference one Adventure at a time"*. The overall goal of this Dolomites Tour Adventure is to raise in excess of \$100,000 for the Telethon Adventurers. How we aim to achieve this:

- **Every Telethon Adventurer on the tour is asked to commit to raise a minimum of \$5000,00. This can be achieved by holding fundraising activities or encouraging donations.**
- **Reaching this amazing goal won't be possible without the generous support of corporate sponsors, sponsorship packages are available.**

We have a number of activities planned to assist our riders and sponsors and to raise awareness of the tour and cause, this includes media coverage in Italy and Australia, promotion through the Telethon Adventures website and social media. We will also be making visits to schools as well as clinics that specialise in childhood cancer.

To find out more on how you can help the Telethon Adventurers and support the Tour please contact Jason Antunovich; Phone: 0414 344 928; Email: jason.antunovich@gmail.com

Previous Telethon Adventurer's Tour



The Dolomites:

On this tour you will really get to know the beautiful Dolomite mountains that stretch across the north of Trentino Alto Adige and the Veneto regions. Declared a natural heritage site by UNESCO in 2009 due to their unique beauty and geological significance, the Dolomites are famous for their lovely colour. Comprised of the ancient remains of coral atolls, they glow pink when the sun catches a rock face and are really quite extraordinary.

It becomes easy to see why towns such as Cortina d'Ampezzo, the unofficial capital, has become such a popular summer and winter tourist spot. You'll simply love it!

2013 Telethon Adventurer's Tour Itinerary

Important Note: Tour start date is Sunday 1st September. Please arrive at least one day before.

Tour Summary

Terrain: Mountainous
Daily Distance: Approx 100km
Daily ascent: Approx 2000m
Total Distance: Approx 1000km
Total Ascent: Approx 20000m

Dates Early September (10 days/9 nights)
Cost: €3,250 Riders; €3,150 Non-Riders
Recommended Arrival Airport: Milan Malpensa or Venice
Recommended Departure Airport: Milan Malpensa or Venice
(Airport transfers not included)

Tour Highlights

This is a spectacular tour, amongst the most beautiful mountains in the world - the Dolomites. The main objective of this tour (other than having fun) is to raise funds for research into childhood cancers. In addition to the tour cost, you will be required to raise funds for this very worthy cause. Download the brochure with full details here. Our tour starts in Bolzano and we discover the most fascinating climbs in the Alps and we'll take in some of the most enchanting towns such as Canazei, Cortina d'Ampezzo and Corvara. A few of the climbs we'll tackle include Costalunga, San Pellegrino, Pordoi, Fedaiia, Sella, Giau, Falzarego, Campolongo and Gardena! These are all household names to cyclists and have been used in Giro from very early days! But it's not just all about the bike! The food and wine of this region will satisfy at least as much as the rides will. Come and discover the cyclists' paradise!

Day One - Bolzano Warm-up Ride

Main Route: 40km
Total Ascent: 1000m

Bolzano is a wonderfully cosmopolitan city with strong German influences. Lots of Beer and Weisswurst! Easy ride over undulating terrain to tease out the jet lag and enjoy the fresh air.

Day Two - Bolzano to Canazei

Main Route: 80km – 50mi
Total Ascent: 1700m – 5500ft

We enter the Dolomites with a beautiful climb up to Passo Nigra, followed by the Passo Costalunga to Canazei. At the end of the ride, we have the option to climb up to the Rifugio Gardeccia, on top of the Catinaccio mountain used in the Giro d'Italia several times. You'll be enchanted by the little ski town of Canazei. Great good warm up ride for some bigger days ahead.

Day Three - Canazei Loop to Marmolada

Main Route: 90km
Total Ascent: 2700m

Today we get serious! Two big, well-known passes, the Passo Fedaiia and the San Pellegrino. We traverse the scenic Val di Fassa and the Valle Agordina. We pass through dozens of mountain villages and the Marmolada Glacier provides an impressive backdrop!

Day Four - Canazei to Cortina d'Ampezzo

Main Route: 90km
Total Ascent: 2,800m

Today we enjoy some challenging climbing through spectacular mountain terrain. Passo Pordoi and the Giau are the highlights of the day, together with the town of Cortina d'Ampezzo, Italy's premier ski resort and host to the 1956 Winter Olympics.

Day Five - Cortina Loop to Tre Cime di Lavaredo

Main Route: 80km
Total Ascent: 2000m

Turn left and head up hill! Today our route takes us to the tranquil Lake Misurina, and then onwards and upwards to arguably one of the most panoramic views in the Dolomites at Tre Cime di Lavaredo.

Day Six - Cortina rest day

Today it's better that we take a day off the bike, have a massage and get the bikes ready for the days ahead. Cortina offers many options: hiking, chair lifts to mountain refuges, spas, shopping or just relaxing!

Day Seven - Cortina to Corvara

Main Route: 100 km
Total Ascent: 2500m

Another great ride to Corvara, the headquarters of the Maratona delle Dolomiti! We climb the Passo Tre Croci (you can always do the 3 cime again!!) cross Dobbiaco and then head up to passo Furcia. Save your legs, for our ride in two days time retraces the Maratona course – it's tough!

Day Eight - Corvara loop to Sella Ronda

Main Route: 60km
Total Ascent: 2500m

A classic ride of the Dolomites! We will do 4 passes around the Massive of Sella: Passo Sella, Pordoi, Campolongo and Gardena. Remember pace yourself for tomorrow's epic ride!

Day Nine - Corvara loop of Maratona delle Dolomiti

Main Route: 138km
Total Ascent: 4190m

Today we'll do the same route as the Maratona of the Dolomites. It's not called a "Marathon" for nothing! The race has 2 different routes both challenging: 6 passes on the short route and 7 on the longer one! Obviously we'll tackle the longer one. The secret is conserve and survive. It'll be awesome – legendary in fact! We'll deserve the celebratory aperitivo at the end of the day!

Day Ten - Arrivederci

Transfer to Bolzano (2 hours) or Venice (3 hours).

Non Riders:

There are many options for accompanying guests who do not wish to ride. At the time that the riders are out, the non riders will have activities planned. There are any number of things we can organise for them. The region we are going to is great for active vacations. We'd like to customise the activities depending on who's coming and what they would like to do. Options include, mountain hiking, climbing, casual cycling (mountain bikes) along very easy trails, through to museum visits, shopping (remember Cortina is one of Italy's premier ski and summer holiday places – bring your credit card!), cooking demos and classes, language lessons, guided tours, cable car rides to the top of mountains and glaciers etc. We ask that you provide us with some background on the nonriders and what activities interest them so we can organise some appropriate activities.

Plenty of activities for non-riders!



How do I Register:

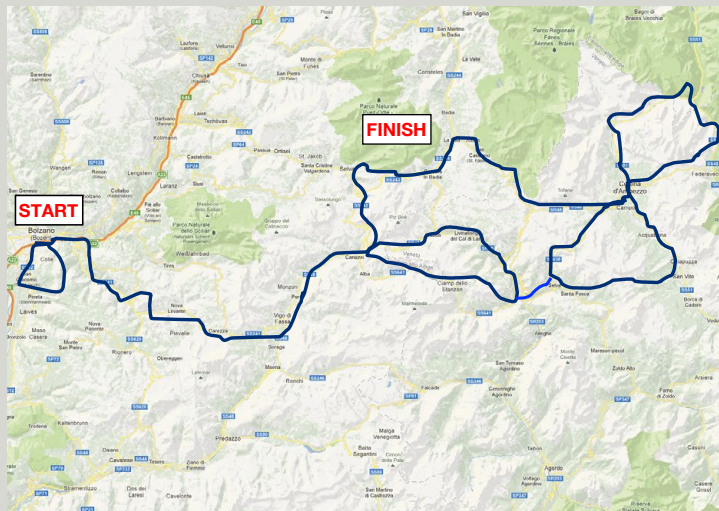
Registration for this tour is very simple, just go to www.theadventurers.com.au and under EVENTS, you will find this tour. Click on View Event Details and follow the registration prompts. You will then be directed to the PuntoTours website for booking. Fill in your details and we'll charge your credit card with a deposit of €500. (Balance of tour payment is not due until 90 days prior to tour start date)

When is the deposit due:

Please have your booking and deposit paid by 31 May 2013. Hurry as places are very limited!

Flights:

We can source some great flight offers through our strategic travel partner: **The Well Connected Traveller**. Please contact **Jodie Land** on **0412 943 209** or email: jodie@thewellconnectedtraveller.com.au



Tour Costs

This 10 day tour starts in Bolzano on 1st September and finishes in Cortina on 6th September 2013.

Total cost for the Tour is:
Riders: €3,250 (Bike hire included)

Non Riders: €3150 (Activities included) .

Included in Tour Cost

All hotel accommodation - 4 star hotels (twin share); Breakfasts; Dinners; 2 Guides on tour (one fully qualified mechanic); Van support throughout tour; All intour transfers; Snacks and food supplements including electrolytes during the tour.

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